

VCCL Results - Alan Karfut

Member number: 436

Races: 333; Wins: 8 (2.4%); Top Ten: 60 (18.0%)

Active from 1986 to 2009

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
22/04/2007	Fred Grubb Memorial Handicap	30	6.5	30:38	33	6:35		24:03	3:08	4:43
29/04/2007	Moran Stable Handicap	32	5	22:04	33	5:00		17:04	1:50	4:25
06/05/2007	Rendina Family Handicap	38	8	37:02	34	8:30		28:32	3:22	4:38
12/05/2007	Helmut & Maija Prentler Handicap	27	8	36:29	34	8:30		27:59	2:50	4:34
20/05/2007	Caruana Cross Country Classic	44	8	37:05	34	8:30		28:35	2:44	4:38
27/05/2007	Combined VCCL/GCCL Handicap	19	10	45:52	34	10:25		35:27	2:24	4:35
03/06/2007	VCCL Bob Charlton Handicap	39	6.5	30:04	35	7:00		23:04	2:44	4:38
09/06/2007	Boutique FPS Handicap	28	5	21:38	35	5:20		16:18	1:07	4:20
17/06/2007	31st Anniversary Bob Cook Memorial Handicap	34	10	46:43	35	10:40		36:03	2:27	4:40
24/06/2007	RetireInvest Eaglehawk to Bendigo Handicap	40	6.5	28:23	37	7:25		20:58	1:57	4:22
01/07/2007	VCCL 5km Handicap	19	5	21:37	36	5:30		16:07	1:04	4:19
08/07/2007	34th Annual Murchison Handicap	35	10	44:52	36	11:00		33:52	4:18	4:29
15/07/2007	Eric Greaves Memorial Handicap	47	10	47:19	36	11:00		36:19	4:09	4:44
22/07/2007	Hash House Harriers HHH Handicap	33	8	36:24	37	9:15		27:09	2:38	4:33
29/07/2007	Independent Signs Handicap	40	10	51:36	37	11:20		40:16	7:26	5:10
05/08/2007	VCCL John Cleland Handicap	25	8	35:21	37	9:15		26:06	2:21	4:25
12/08/2007	George Perdon Handicap	28	16.09	1:14:48	37	18:30		56:18	4:35	4:39
19/08/2007	Pinnacle Print Group Handicap	37	8	38:13	37	9:15		28:58	3:03	4:47
09/09/2007	16th Annual VCCL Social Club Handicap	40	6.5	31:06	37	7:25		23:41	3:10	4:47
16/09/2007	42nd Annual Norm Charles Handicap	36	10	47:28	37	11:20		36:08	4:34	4:45
23/09/2007	President's Handicap	31	6.5	30:45	38	7:35		23:10	2:17	4:44
30/09/2007	Westgate Bridge Memorial Handicap	30	5	22:03	38	5:45		16:18	2:09	4:25
06/04/2008	Fred Grubb Memorial Handicap	32	6.5	30:44	39	7:50		22:54	2:41	4:44
13/04/2008	Moran Stable Handicap	30	5	22:54	39	5:55		16:59	1:31	4:35
20/04/2008	Rendina Family Handicap	33	8	37:35	39	9:45		27:50	3:02	4:42
27/04/2008	Helmut & Maija Prentler Handicap	27	8	36:55	40	10:00		26:55	2:31	4:37
04/05/2008	17th Annual Social Club Handicap	34	6.5	31:12	40	8:00		23:12	2:07	4:48
18/05/2008	Combined VCCL/GCCC Handicap	29	10	47:32	40	12:15		35:17	4:06	4:45
25/05/2008	Caruana Cross Country Classic	28	8	36:49	40	10:00		26:49	2:47	4:36
01/06/2008	VCCL Ted Paulin Handicap	10	8	35:02	41	10:15		24:47	0:31	4:23
07/06/2008	Boutique FPS Handicap	2	5	21:14	41	6:15		14:59	0:07	4:15
15/06/2008	32nd Annual Bob Cook Memorial Sealed Handicap	9	10	46:57	41	12:30		34:27	1:02	4:42
22/06/2008	Retire Invest Eaglehawk to Bendigo	13	6.5	28:25	41	8:10		20:15	0:48	4:22
29/06/2008	Hash House Harriers HHH Handicap	10	8	35:31	41	10:15		25:16	0:43	4:26
06/07/2008	VCCL 5km Handicap	14	5	22:58	41	6:15		16:43	0:55	4:36
13/07/2008	35th Annual Murchison Handicap	12	10	44:56	41	12:30		32:26	1:26	4:30
20/07/2008	Eric Greaves Memorial Handicap	14	10	46:12	41	12:30		33:42	1:46	4:37
03/08/2008	43rd Annual Norm Charles Handicap	30	10	46:19	41	12:30		33:49	2:45	4:38
10/08/2008	Pinnacle Print Group Handicap	21	8	41:07	42	10:30		30:37	3:08	5:08
17/08/2008	George Perdon Handicap	11	16.09	1:14:29	42	21:00		53:29	2:55	4:38
24/08/2008	VCCL 75th Anniversary Classic Handicap	21	6.5	29:46	42	8:25		21:21	1:20	4:35
31/08/2008	Independant Signs Handicap	20	10	48:02	42	12:50		35:12	2:34	4:48
14/09/2008	Westgate Bridge Memorial Handicap	17	5	22:19	43	6:30		15:49	0:58	4:28
21/09/2008	President's Handicap	21	6.5	30:41	43	8:35		22:06	1:35	4:43
26/04/2009	Fred Grubb Memorial Handicap	15	6.5	30:14	43	8:35		21:39	1:21	4:39

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
03/05/2009	25th Helmut & Maija Prentler 8000m Handicap	18	8	37:12	43	10:45		26:27	1:29	4:39
09/05/2009	Moran Stable Handicap	15	5	21:50	43	6:30		15:20	1:43	4:22
17/05/2009	Rendina Family Handicap	25	8	38:00	43	10:45		27:15	2:24	4:45
24/05/2009	Combined VCCL/GCCL Handicap	7	10	46:40	44	13:25		33:15	1:29	4:40
31/05/2009	Caruana Cross Country Classic	21	8	37:27	44	11:00		26:27	1:41	4:41
06/06/2009	Boutique FPS Handicap	16	5	22:47	44	6:40		16:07	0:46	4:33
14/06/2009	Hash House Harriers HHH Handicap	22	8	37:02	44	11:00		26:02	1:46	4:38
21/06/2009	18th Annual VCCL Social Club Handicap	14	6.5	30:34	45	9:00		21:34	1:24	4:42
28/06/2009	RetireInvest Eaglehawk to Bendigo Handicap	19	6.5	28:43	45	9:00		19:43	1:07	4:25
05/07/2009	33rd Anniversary Bob Cook Memorial Handicap	15	10	47:53	45	13:45		34:08	1:41	4:47
12/07/2009	36th Annual Murchison Handicap	5	10	45:37	47	14:20		31:17	0:52	4:34
19/07/2009	VCCL 'Ted Connell' 5k Legend Handicap	2	5	22:41	47	7:10		15:31	0:03	4:32
26/07/2009	Eric Greaves Memorial Handicap	10	10	47:01	47	14:20		32:41	0:56	4:42
02/08/2009	VCCL 'Joe Caruana' 8K Legend Handicap	3	8	36:37	47	11:45		24:52	0:11	4:35
09/08/2009	44th Annual Norm Charles Handicap	8	10	46:17	47	14:20		31:57	1:24	4:38
16/08/2009	Coburg Lake 6.5K Handicap	4	6.5	29:49	47	9:25		20:24	0:12	4:35
23/08/2009	Pinnacle Print Group Handicap	1	8	36:51	47	11:45		25:06	0:00	4:36
30/08/2009	George Perdon Handicap	14	16.09	1:16:51	42	21:00		55:51	3:46	4:47
05/09/2009	Westgate Bridge Memorial Handicap	7	5	22:11	42	6:25		15:46	0:42	4:26
13/09/2009	Independent Signs Handicap	15	10	47:52	42	12:50		35:02	2:20	4:47
20/09/2009	President's Handicap	21	6.5	30:36	43	8:35		22:01	2:11	4:42